

The ONELL is a competitive men's summer lacrosse league founded in 2004. The League currently has 40 teams between the Over-30, Over 40 & Over-50 age Divisions (17/15/8). The League is geographically dispersed across the greater Boston area, from Gloucester MA to Providence RI along the I-95/Route 128 corridor, and along Route 3/I-93/I-495 from the Manchester NH area to Falmouth MA on the Cape. The ONELL approved a 21+ Open Division following the 2022 season, but there are no active teams as yet.

The ONELL season begins in early/mid-June and runs until early August with an 8-game regular season (4 home and 4 away games each, bye weeks aside), followed by three weeks of post-season play (Quarterfinals, Semifinals and Championships). The Over-40 Division plays on Tuesday nights (as will the Open Division); the Over-30 and Over-50 Divisions both play on Thursday nights. All regular season games start at 7:00 p.m. or later; playoff games start at 7:30 pm. or later. Please keep in mind that half of the 8-game regular season games are away games; weeknight road trips are part of the ONELL culture.

The ONELL is a decentralized League. Each team is run independently, setting their own team-level roster expectations, registration process, dues, uniforms, etc. The League does not necessarily know which teams are adding new players to their roster, but does have a general idea of which teams operate by invitation and/or try-out only. Every team has at least a starting goalie.

The Divisional schedules, lists of Team Captains and Home Fields locations are published to the League web site.

The Division schedules are all arranged in geographic order from "North" to "South" by team name on the left, with the northernmost and southernmost teams at the top and bottom of the team lists, respectively. Please reference the "Home Fields" document for each team's home field location(s), and then use the "Team Contacts" link on the website to reach out to the captain(s) of the team(s) nearest to your home and/or work.

Thank you for your interest in the ONELL.